

# *SOME INTENTIONS OF A MUSLIM*

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## INTRODUCTION

All Praise is due to Allah Ta'ala, The Most Merciful,  
The Most Beneficent,  
May Peace and Blessings be upon the Beloved of Allah,  
Nabi Muhammad ﷺ .

Alhamdulillah, this booklet was prepared after listening to the talks of Hadhrat Moulana Abdul Hamid Saheb دامت برکاتہم on the importance of making intentions. The advices given were greatly encouraging and inspiring and this humble effort was undertaken that others may also derive benefit, Insha-Allah.

The compilation offers guidelines as to the different intentions that can be made in our various day to day activities, whereby we will, Insha-Allah, increase the rewards of our deeds, manifold. The lists of intentions given are not to be limited to what has been noted. Many more intentions can be made.

May Allah Jalla Jalaaluhu accept this undertaking and reward all those who assisted and contributed to the compilation. May Allah Jalla Jalaaluhu bless Hadhrat Moulana with long life, good health, and the strength to continue with the Khidmat of Dien. May Allah Jalla Jalaaluhu bless with the best of both worlds. Aamien

Zul Qa'dah 1436 (August 2015)

**The following are some intentions which can be made for the various deeds and Ibaadaat carried out daily.**

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### **1. WHEN RETIRING TO BED AT NIGHT :**

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- To seek Allah Ta’ala’s Pleasure
- To take rest because it is the Command of Allah Ta’ala
- To gain the rewards of the Masnoon Duas recited at the time of sleeping
- To sleep a portion of the night as it is a Sunnah of my beloved Nabi ﷺ
- To intend to perform Tahajjud Salaah
- To intend to perform the Fajr Salaah
- To fulfil the rights of one’s body
- To sleep and gain enough strength to carry out one’s duties and responsibilities for the following day, Insha-Allah. For example, to go out to earn a Halaal livelihood.

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### **2. BEFORE LEAVING HOME :**

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- To make an intention to keep away from sins
- To recite the Masnoon Duas and draw Allah Ta’ala’s Protection
- To be of service to humanity
- To serve one’s parents

- To perform all five Salaah in the Masjid
- To spend the entire day on the pattern and way of Rasulullah ﷺ
- To visit the sick, feed the poor, help the needy and orphans
- To learn and teach Dien
- To engage in as much Nafl Ibaadat as possible – Zikrullah, Nafl Salaah, Sadaqah, etc.
- To read a portion of the Qur'aan Sharief
- To strengthen family ties
- To express Shukr (gratitude) to Allah Ta'ala for all His Bounties and Favours, and to use them in a manner that is pleasing to Him
- To fulfil the rights of all those who have rights over the person
- To earn Halaal sustenance
- To try and remain with Wudhu throughout the day
- To carry out the tasks of the day with Ikhlaas and for the pleasure of Allah Ta'ala Alone
- To remind our children to renew their intention when going to school and Madrasah. The following intention and Dua can be made: *O Allah, I am going to school and Madrasah, to learn. Please strengthen my memory and increase my concentration. Whatever I learn, allow me to use it in Your obedience and for the service of your Dien.*

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### 3. WHEN USING THE TOILET :

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- To express Shukr to Allah Ta'ala that He has created such a system whereby our bodies are cleansed and purified of all harmful things
- To practise upon the Sunnah of my beloved Nabi ﷺ by fulfilling all the Sunnats and etiquettes of using the toilet
- To intend that this be a means of Allah Ta'ala ridding one of pride. (A person should reflect his reality when using the toilet and realize that there is nothing to be proud of.)

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### 4. WHEN MAKING WUDHU :

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- To seek the Pleasure of Allah Ta'ala
- To engage in an act of Ibaadah
- To follow the Sunnah of Rasulullah ﷺ
- For the Wudhu to be a means of:
  - sins being washed away, with the washing of every limb,
  - forgiveness and Barakah in sustenance (based on the Masnoon Dua recited while making Wudhu),
  - protection from sin,
  - my beloved Nabi ﷺ recognizing me on the day of Qiyamah.

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## 5. WHEN WEARING CLOTHES :

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- To seek Allah Ta'ala's Pleasure
- To fulfil the Command of Allah Ta'ala to cover my Satr.
- To follow the Sunnah manner of dressing and to recite the Masnoon Duas.
- To adopt modesty and simplicity in accordance to the Sunnah.
- To dress neatly and beautifully since Allah Ta'ala loves beauty. (This should not be misconstrued. This does not mean to be lavish, extravagant and dress to show off, etc.)
- To dress and carry oneself in such a way that it becomes a means of Da'wah and Hidayah for others.

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## 6. WHEN GOING TO THE MASJID :

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- To visit the House of Allah Ta'ala
- To wait and anticipate the Jamaat Salaah
- To be protected from sin by being in the Masjid
- To recite the Masnoon Duas when entering and leaving the Masjid.
- To intend Nafl I'tikaaf
- To engage in Zikrullah, Tilawat and any Dieni talks
- To intend making Wudhu and then proceeding to the Masjid.
- To acquire the knowledge of Dien as well as pass on the knowledge of Dien to others.
- To enjoin good and prohibit evil

- To make Salaam to fellow Muslim brothers
- To engage in Muhasabah (taking stock of one's self) and seek forgiveness for one's sins.
- To apply Itr :
  - on the day of Jumu'ah, as is Sunnah,
  - with the intention of honouring the Masjid and not causing inconvenience to others,
  - to intend that people will be protected from bad thoughts and Gheebat, since bad odour will result in people taking offence and even speaking ill of one,
  - for the brain to be refreshed to listen to the talks of Dien.

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## 7. WHEN ONE INTENDS TO PERFORM ANY SALAAH :

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- To seek the pleasure of Allah Ta'ala
- To fulfil the Command of Allah Ta'ala
- To perform Salaah, fulfilling the Sunnah method as taught by my Beloved ﷺ
- To seek protection from all shameless and lewd actions
- To intend for the Salaah to be a means of protection from the punishment in the grave and a protection from the fire of Jahannam
- For sins to be washed away
- For Salaah to become the coolness of my eyes
- To read Salaah with complete Ikhlaas (sincerity), free of Riya (show), Ujub (vanity) and Takabbur (pride)
- For protection from the attacks of nafs and shaytaan

- To read Salaah with concentration, submissiveness and humility
- To enjoy conversing with Allah Ta'ala
- To take directly from Allah Ta'ala's unlimited treasures
- For Salaah to be a means of Barakah in all aspects of life.
- For Noor (The Hadith describes Salaah as: "As *Salaatu Noorun.*"<sup>28</sup> ...Just as Light is a source of guidance for a person, so too will Salaah guide a person out of the darkness of sins towards righteousness.)

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## 8. WHEN READING QUR'AAN SHARIEF :

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- To fulfil the Command of Allah Ta'ala (i.e. I am the slave of Allah Ta'ala, fulfilling my Master's Command)
- To recite in the manner that is Sunnah – distinctly and clearly; with care; not in haste
- For Thawaab (reward)
- For Hidayah (guidance)
- For Noor (light)
- To gain the closeness of Allah Ta'ala
- To remember one's Dhor if one is a Hafiz
- To remember the laws of Tajweed if one is a Qari
- To remember how to read if one knows how to read (Naazera)
- For the Qur'aan Sharief to intercede on one's behalf on the day of Qiyamah

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<sup>28</sup> Sahih Muslim, Hadith 223

- To gain Najaat (salvation) from the fire of Jahannam
- So that the heart should contain even a little portion of the Qur'aan Sharief, since the Hadith states that the one whose bosom does not contain any portion of the Qur'aan Sharief is like a deserted house.
- To act upon the Commandments of the Qur'aan Sharief and achieve the highest stages of Jannah, Insha-Allah
- For Shifa (cure) of all physical and spiritual sicknesses
- For Islaah (reformation) and Tazkiyah (purification)
- To attract Allah Ta'ala's Rahmah (Mercy) and Barakah (blessings), and acquire peace of mind and contentment
- To revive the heart, strengthen the sight and remove all worries and griefs
- To leave the world whilst reciting the Qur'aan Sharief as Hadhrat Uthman رضي الله عنه was blessed with martyrdom whilst reciting the Qur'aan Sharief
- To increase one's Imaan
- To increase one's love for Allah Ta'ala
- To increase one's knowledge and Ma'rifat (recognition) of Allah Ta'ala as this will cause one to become humble and beg before Allah Ta'ala at all times
- To become of the "household" of Allah Ta'ala and of His favoured servants – as mentioned in the Hadith
- For the Qur'aan Sharief to become one's companion in the Qabr (grave)
- For Eesale Thawaab
- To recite for the pleasure of Allah Ta'ala, which is the greatest and most important intention.

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## 9. WHEN EATING :

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- To seek the Pleasure of Allah Ta'ala
- To fulfil the Command of Allah Ta'ala
- To follow the Sunnah of my beloved Nabi ﷺ by eating as Nabi ﷺ did, by reading the Masnoon Duas and drawing the rewards and benefits, Insha-Allah
- For Allah Ta'ala to enable me to gain strength from the food eaten so that I may carry out acts of worship
- For Allah Ta'ala to sustain me with Halaal and Tayyib (wholesome) food only.

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## 10. WHEN DOING BUSINESS, GOING TO WORK OR PROVIDING A SERVICE TO PEOPLE :

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- For the Pleasure of Allah Ta'ala
- To fulfil a Command of Allah Ta'ala
- To seek Halaal Rizq (sustenance)
- To earn, to provide for my family
- To provide a service for my customers
- To trade honestly, with the intention of being counted amongst the Ambiya ﷺ, the Truthful ones and the Martyrs – as mentioned in the Hadith
- To trade in such a manner that every Sunnah of my beloved Nabi ﷺ is practiced upon
- To interact with non-Muslims in such a manner that it becomes a means of Da'wah

- To be fair and just to my employees
- To earn and spend in noble and rewarding avenues such as for the poor and needy, for the upliftment of the Dien of Allah Ta'ala, etc.

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## **11. WHEN COOKING FOOD AND TAKING CARE OF HOUSEHOLD CHORES :**

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- To seek the Pleasure of Allah Ta'ala
- To earn the rewards of taking care of husband and children
- To share in the rewards of the good deeds done by those who eat the food that one prepares
- To follow the Sunnah of the pious women of the Ummah, like Hadhrat Khadija رضي الله عنها and Hadhrat Fatimah رضي الله عنها.

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## **12. WHEN GOING FOR A HOLIDAY, PICNIC OR TAKING THE FAMILY OUT :**

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- For the Pleasure of Allah Ta'ala
- To spend money on my family with the intention of gaining the rewards of Sadaqah – as mentioned in the Hadith: *“When a Muslim spends on his family intending to receive Allah's reward, it is regarded as Sadaqah for him.”*<sup>29</sup>
- To spend quality time with my family

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<sup>29</sup> Sahih Bukhari

- To fulfil my responsibility as a father to my children and as a husband to my wife (by protecting them from going to the wrong places)
- To go out and view Allah Ta’ala’s Qudrat and gain the Ma’rifat of Allah Ta’ala (which is also Ibaadat).

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### 13. WHEN VISITING THE SICK :

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- To seek the Pleasure of Allah Ta’ala
- To fulfil a Command of Allah Ta’ala
- To fulfil the right of my Muslim brother
- To fulfil the Sunnah of my beloved Nabi ﷺ
- To gain the great rewards as mentioned in the Ahadith
- To gain the Duas of seventy thousand angels who make Dua of forgiveness for the one who visits a sick person<sup>30</sup>
- To request the Duas of the sick person, since a sick person’s Duas are readily accepted
- To offer encouragement, support and hope
- To bring happiness to the heart of a Mu’mín
- To strengthen family ties.

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### 14. WHEN ATTENDING A JANAZAH :

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- To seek the Pleasure of Allah Ta’ala and to obtain the great rewards
- To fulfil a Command of Allah Ta’ala

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<sup>30</sup> Tirmidhi, Hadith 969

- To fulfil the right of my Muslim brother
- To fulfil the Sunnah of my beloved Nabi ﷺ
- To take lesson and take heed of the shortness of life and to prepare for death
- To be a means of moral support for the grieving family.

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## 15. WHEN ACCEPTING AN INVITATION FROM A MUSLIM BROTHER<sup>31</sup>:

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- To seek the Pleasure of Allah Ta'ala
- To fulfil a Command of Allah Ta'ala
- To fulfil the right of my Muslim brother
- To fulfil the Sunnah of my beloved Nabi ﷺ
- To increase mutual love for the sake of Allah Ta'ala
- To bring happiness to the heart of a Mu'min
- To strengthen family ties.

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## 16. WHEN INTERACTING WITH PEOPLE :

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- To seek the Pleasure of Allah Ta'ala
- To showcase the Akhlaaq (character) of my beloved Nabi ﷺ with those whom I meet
- To uphold the Commands of Allah Ta'ala and practise on the Sunnah.

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<sup>31</sup> This is in respect to that invitation which does not entail any Haraam such as music, photography, intermingling, etc.

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## 17. WHEN MAKING ZIKR :

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- To earn the Pleasure of Allah Ta'ala
- To fulfil a Command of Allah Ta'ala
- To follow the Sunnah of my beloved Nabi ﷺ
- To clean and polish my heart
- To gain nearness to Allah Ta'ala
- For Zikrullah to be a means of reforming my heart
- To attain the Muhabbat (Love) and Ma'rifat (recognition) of Allah Ta'ala.

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## 18. WHEN GETTING MARRIED :

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- To fulfil a Command of Allah Ta'ala
- To follow the Sunnah of my beloved Nabi ﷺ
- To gain the Pleasure of Allah Ta'ala
- To protect my chastity and stay pure and safe from all Haraam
- To be a good example for the community
- To fulfil the rights of my spouse
- To become a means of bringing pious children into the world
- To raise children giving them Dieni Tarbiyyah and Ta'liem.

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## 19. WHEN BEING INTIMATE WITH ONE'S SPOUSE :

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- To fulfil the right of one's spouse
- To take care of one's need in a Halaal avenue
- To fulfil the Command of Allah Ta'ala
- To practice upon the Sunnah of Rasulullah ﷺ
- To adhere to every action that is Sunnah and Jaa'iz (permissible) during intimacy.

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## 20. WHEN BRINGING UP CHILDREN :

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- To fulfil a Command of Allah Ta'ala
- To undertake the spiritual nurturing (Tarbiyyah) of my children seeking the pleasure of Allah Ta'ala
- To fulfil my responsibility as a parent towards my child
- That my children grow up to emulate Nabi ﷺ and the Sahaba-e-Kiraam رضي الله عنهم
- For my children to be a means of Thawaab-e-Jaariya for me after I have passed on.

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## 21. WHEN INTERACTING WITH FAMILY MEMBERS :

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- To fulfil a Command of Allah Ta'ala
- To fulfil the Sunnah of my beloved Nabi ﷺ
- To seek the Pleasure of Allah Ta'ala
- To maintain family ties whether the family members reciprocate the same or not.

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## 22. WHEN SERVING AND CARING FOR ONE'S PARENTS :

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- To fulfil a Command of Allah Ta'ala
- To practise upon the Sunnah
- To seek the Pleasure of Allah Ta'ala
- To fulfil the rights of my parents
- To secure the Duas of my parents
- Insha-Allah, to earn Jannah through serving my parents
- To receive the rewards of Hajj, 'Umrah and striving in Allah Ta'ala's way – as mentioned in the Hadith<sup>32</sup>.

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## 23. WHEN ATTENDING ANY DIENI PROGRAMME :

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- To seek the Pleasure of Allah Ta'ala
- To fulfil a Command of Allah Ta'ala
- To fulfil the Sunnah of my beloved Nabi ﷺ
- To practice on the advices given
- For my own Islaah and improvement in Dien
- To gain forgiveness
- For Allah Ta'ala to reward me on the time and money spent in His path.

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<sup>32</sup> Abu Ya'la, Hadith:2760

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## 24. WHEN STUDYING AT A MADRASAH :

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- To seek the Pleasure of Allah Ta'ala
- To fulfil a Command of Allah Ta'ala
- To follow the Sunnah of our pious predecessors, who spent their entire lives empowering themselves with the knowledge of Dien
- That my knowledge be utilized for benefitting me in my Dien
- For my knowledge to be a provision for the Aakhirah
- To become a means of benefit to mankind, especially the Ummah.

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## 25. WHEN GOING SHOPPING :

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- To seek the Pleasure of Allah Ta'ala
- To fulfil a Command of Allah Ta'ala
- To fulfil the Sunnah of my beloved Nabi ﷺ
- To control my gaze and abstain from Haraam
- Not to cause harm or injustice to anyone
- To keep my purchases to the things that I need and not be wasteful or extravagant
- To spend minimum time in the shopping malls.

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## 26. LIVING IN A NEIGHBOURHOOD :

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- To socially interact with the people of my neighborhood in accordance to the Sunnah of my beloved Nabi ﷺ
- To be of assistance to my neighbours – Muslim and non-Muslim
- To be a true ambassador of Islam and a means of Da'wah to all and sundry.

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## 27. WHEN PRACTISING ON A SUNNAH :

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- To increase in the love of my beloved Nabi ﷺ
- To receive the reward of one hundred Shuhadah (martyrs) – as mentioned in the Hadith<sup>33</sup>
- To attain the love of Allah Ta'ala by practising on the Sunnah
- To obtain forgiveness of sins<sup>34</sup>
- To invite Allah Ta'ala's Rahmah and Barakah
- To seek Allah Ta'ala's Pleasure.

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## 28. WHEN RECITING DUROOD UPON NABI ﷺ :

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- To fulfil the Command of Allah Ta'ala<sup>35</sup>
- To increase in the love of my beloved Nabi ﷺ

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<sup>33</sup> Al-Bayhaqi

<sup>34</sup> Surah Aal-Imraan 3 : 31

<sup>35</sup> Surah Al-Ahzaab 33 : 56

- To receive the full rewards of reciting Durood Sharief
- To send Eesale Thawaab to all the Marhumeen
- For problems to be removed through the Barakah of Durood Sharief
- For Duas to be accepted through the blessings of Durood Sharief
- To receive all the benefits and blessings of reciting Durood Sharief as mentioned in the Ahadith.

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## **29. WHEN FASTING :**

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- To seek the Pleasure of Allah Ta’ala
- To fulfil the Command of Allah Ta’ala (when fasting in Ramadaan)
- To revive the Sunnah of my beloved Nabi ﷺ (when fasting Mondays and Thursdays, and fasting on the 13<sup>th</sup>, 14<sup>th</sup> and 15<sup>th</sup> of every Islamic month)
- To attain Taqwa
- For the fast to be a means of protection from sin
- To attain unlimited rewards from Allah Ta’ala
- To enter Jannah through Baabur Rayyaan (A special Door of Jannah for those who regularly fast).

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## **30. WHEN PAYING ZAKAAT OR GIVING CHARITY :**

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- To obtain the Pleasure of Allah Ta’ala
- To fulfil the Command of Allah Ta’ala by giving Zakaat when due

- To acquire the rewards and protection that are promised on payment of Zakaat.

### **NAFL SADAQAH :**

- To fulfil the Sunnah of my beloved Nabi ﷺ
- For the Sadaqah to be a means whereby the anger of Allah Ta’ala is subdued
- To repel all harms
- To repel a bad death
- To obtain Barakah in Rizq (sustenance)
- To help a person in need.

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### **31. WHEN GOING FOR HAJJ :**

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- To seek the Pleasure of Allah Ta’ala
- To fulfil a Command of Allah Ta’ala
- To follow the Sunnah of my beloved Nabi ﷺ
- To increase one’s Nafl (optional) Ibaadaat as much as possible – e.g. Tawaaf, Tilawat, Nafl Salaah, etc.
- To spend time constructively and productively
- To make Hajj a life changing experience
- To fulfil the rights of one and all during the journey
- To be of Khidmat and service to the Hujjaaj
- To spend on the poor residents of Makkah Sharief and Madina Sharief
- To make Salaam to Nabi ﷺ at the Raudha Mubarak

- To draw and imbibe the Anwaar, Rahmah and Barakah of the Haramayn Shariefayn
- To increase in the Love and Ma'rifat of Allah Ta'ala
- To increase in the love and Ma'rifat of my beloved Nabi ﷺ.

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### **32. WHEN GOING FOR 'UMRAH AND ZIYARAH :**

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- To seek the Pleasure of Allah Ta'ala
- To accept the invitation of Allah Ta'ala
- To increase in the love and Ma'rifat of Allah Ta'ala and my Beloved Nabi ﷺ
- To return from 'Umrah, purified of sins
- To make Khidmat of others who have also come for 'Umrah
- To fulfil the right of all those who I encounter during the journey
- To use my time usefully and engage in abundant Durood Sharief, Tilawat and Nafl Ibaadaat.

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### **33. WHEN UNDERTAKING A JOURNEY :**

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- For the Pleasure of Allah Ta'ala
- To fulfil the Haq of family / Asaatiza or others, for whom the trip is undertaken
- To use every opportunity of the journey to portray the beautiful Akhlaaq of Nabi ﷺ

- For the journey be a means of Da'wah to non-Muslims
- To make Dua as the Duas of a Musaafir are readily accepted.

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#### **34. WHEN RETURNING HOME FROM A JOURNEY :**

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- To remind myself to increase the Shukr to Allah Ta'ala, after returning to the many Ni'mats back home
- For the knowledge and experience gained from the Safr to be a means of betterment to my Dien and Dunya
- To intend that if any Safr is undertaken in the future, that it be for seeking Allah Ta'ala's Pleasure.

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#### **35. WHEN BUYING OR CHANGING ONE'S CAR :**

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- To use it for Salaah, Safr, the work of Dien, etc.
- To use it for the necessities of one's self and the family – for Dieni matters and Dunya's needs
- To help other people.

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#### **36. WHEN MOVING HOUSE OR BUILDING A HOUSE :**

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- To fit the windows in with the intention that the words of Azaan will come through them
- To use the house for good deeds: Salaah, Tilawat, Zikrullah, etc.

- To create an Islamic environment to facilitate practising on Dien
- To use the house to teach our children Dien.

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### 37. WHEN INVITING GUESTS FOR MEALS :

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- To seek the Pleasure of Allah Ta'ala
- To fulfil the Sunnah of my beloved Nabi ﷺ
- To strengthen family ties
- That Allah Ta'ala makes the food a means of the guests carrying out good deeds
- To make the heart of a Mu'min happy – which is one of the best deeds.

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### 38. WHEN DOING PHYSICAL EXERCISE AND KEEPING FIT :

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- For the Pleasure of Allah Ta'ala
- To follow the Sunnah of my beloved Nabi ﷺ and the practice of the Sahaba-e-Kiraam رضي الله عنهم
- So that I may use my strength for Ibaadaat and the service of the Dien of Allah Ta'ala
- To present myself, when and if the call for Jihaad is made, seeking the pleasure of Allah Ta'ala.

N.B. Do not exercise with the intention of showing off one's physique or to be proud of one's fitness and strength. This intention will then greatly harm one spiritually.

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## 39. WHEN INVOLVED IN ANY SERVICE OF DIEN :

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- To seek the Pleasure of Allah Ta’ala
- To revive the Sunnah of my beloved Nabi ﷺ
- To receive the rewards and the fulfilment of the promises of Allah Ta’ala
- To be a means of benefit to the Ummah – and assist in respect to the spiritual, physical, mental and emotional needs and difficulties of the Ummah
- To undertake any Khidmat with complete and perfect Ikhlaas.

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## 40. WHEN OPPRESSED BY ANYONE IN ANY WAY :

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- To forgive the oppressor, for the pleasure of Allah Ta’ala
- To revive the Sunnah of my beloved Nabi ﷺ, who forgave the worst types of Zulm against him ﷺ
- To draw the great rewards of Sabr (patience)
- For acceptance of Duas
- For death on Imaan
- For a peaceful stay in the Qabr
- To intend that this be a means of direct entry into Jannah
- To forgive the oppressor because if I have to leave the issue till the day of Qiyamah, this will cause a delay to my Beloved Nabi ﷺ entering into Jannah, since Nabi ﷺ will not enter Jannah until every Ummati is removed from Jahannam. I will thus not allow any pain and distress to come to my Beloved Nabi ﷺ .

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## 41. LIVING LIFE :

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- To fulfil the purpose that Allah Ta'ala has sent us into this world for – to know Allah Ta'ala, to love Allah Ta'ala, to worship Allah Ta'ala and to propagate the Dien of Allah Ta'ala
- Not to live for Dunya and lose focus of the objective of our worldly lives
- Not to waste the precious bounty of time by amassing and hoarding material possessions, which will not accompany us to our graves
- Not to live for our nafs and fulfilment of our desires
- To give preference to the works of Dien over Dunya.

The minimum ratio is that 51% of our health, wealth, talents and time be utilized for our Dien, and 49% for the work of the Dunya. However, a true Muslim will not be content until his Dunya too becomes 100% Dien and a great provision for the Aakhirah.

May Allah Ta'ala grant us appreciation and the Taufeeq of Amal.



**"Maximising on our Deeds"** is a compilation of advices of our respected and honourable Sheikh, Hadhrat Moulana Abdul Hamid Is'haq Saheb رَاجِحُ الْعِلْمِ, regarding the importance of consciously formulating intentions, being sincere in all undertakings and maximising on our deeds with multiple intentions, to obtain greater rewards.

Insha-Allah, the various advices, examples and analogies will offer wonderful incentive and inspiration to undertake one's deeds with more attention.

This booklet also contains a compilation by Maulana Zakaria Murchi, of different intentions that can be made on various Ibaadaat and activities, which the reader will greatly appreciate Insha-Allah.